



# Biketober

# BUSINESS CHALLENGE

brought to you by *Get Healthy at Work*

**1-31 October 2019**

**A fun workplace challenge open to everyone!**

- Ride anytime, anywhere.
- Encourage others to ride.
- Take part with colleagues and friends or ride solo.
- Achieve your goals.
- Win prizes - including bikes, restaurant vouchers & more!

**Join today at [lovetoride.net/nsw](http://lovetoride.net/nsw)**



**LOVE TO RIDE**