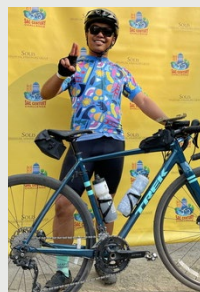




May is **BIKE MONTH**



Roll with us!

Win great prizes

Ride anywhere, anytime, anyplace

MAY 1-31, 2023

LOVE TO RIDE



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May is Bike Month is back!

Are you ready to ride your bike in Sacramento Region's annual bike challenge? Join the friendly competition, win prizes, and help your workplace top the leaderboard!

This May, hop on your bike to celebrate and promote the countless benefits that bike riding can bring. Ride as an individual or join your workplace to compete against other workplaces across the Sacramento region.

Taking part is simple:

- **Everyone can join in!** From regular riders to people who haven't been on a bike in years (or ever).
- **Ride anywhere, anytime** during May for fun, fitness, and to get from point A to B.
- **One short 10-minute ride** will earn you points and help your workplace climb the leaderboard.
- **Share the love!** Encouragement is key during May is Bike Month and we want people to invite their co-workers, friends and family across the Sacramento region to join in.
- **Win amazing prizes** by participating and encouraging others to discover or rediscover riding.



Ready to get fitter, be happier, save money and help save the planet? Log in or create a profile at **mayisbikemonth.com**



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