

# GA rides Bike Month Challenge

## SPRING INTO GEAR MAY 5-19

sponsored by **GEORGIA COMMUTE OPTIONS**

Ride into spring! Bicycling is a great way to bring your community members together to celebrate the season, have fun and get pedaling for better health.

### GA RIDES BIKE MONTH CHALLENGE

Georgia Commute Options is celebrating the season with a two-week bicycling event, held **May 5-19**, to encourage neighborhoods and communities to ride for overall wellness and the environment.

### WHO CAN RIDE

The event is open to all community members in the 20-county metro Atlanta area.

### WHY RIDE

- Great for neighborhood and community team building and bonding
- Rate riding routes to help with future bike infrastructure planning
- Support the mental & physical well-being of everyone
- Show community caring, leadership & commitment to sustainability

### HOW TO WIN PRIZES

- 1 Register & log rides at **GArides.com**
- 2 Log your trips for chances to win prizes

**Early Registration Prize (by May 4th):** \$1,000

**Grand Prize:** \$1,000

#### Special Drawings to Celebrate:

National Ride a Bike Day, Bike to Work Day & Bike and Roll to School Day

### HOW YOUR COMMUNITY CAN PARTICIPATE

Sign up at **GArides.com**



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