

# AOTEAROA

## BIKE CHALLENGE



1-29 FEBRUARY 2024

SIGN UP AT [AOTEAROA.BIKE](https://aotearoa.bike)

### RIDE & SHINE AOTEAROA



#### WHO?

Everyone can take part, even if they haven't been on a bike for years!

#### WHERE?

Anywhere, anytime throughout February.

#### HOW?

Sign up with your workplace and encourage your colleagues to ride. Watch your score increase and win prizes along the way!

### 3 KEY BENEFITS FOR YOUR WORKPLACE:



#### 1. BE SUSTAINABLE

Contribute to lower carbon emissions, improved air quality, reduced noise pollution, and help ease congestion.

#### 2. VIRTUAL & FREE

An entirely free and virtual programme whether staff are working from home or the office full time, part time or casually.

#### 3. HEALTHIER & HAPPIER

Healthier & happier workers = fewer sick days & increased productivity. Encourage your workmates to ride & shine!



LOVE TO RIDE

