

# AS EASY AS... RIDING A BIKE!

*"To learn how to ride a bike has been a life-changing experience and enhanced the quality of my life....it's the best thing I have ever done and I recommend it to everyone." Meena, Pendle*

**One to One / Small group training at a location and time to suit you.**

**Eligible participants aged 16 and over must live, work or study in Lancashire.**

Get up to 10 hours

**FREE**

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